

Fall 2014
Newsletter

The Aidlins: Sarasota Dream Builders for Life

For many of us, becoming a Dream Builder starts with a personal connection to our hospital. For Steve and Kay Aidlin, hospital environments have led to quite a lot in their lives. You see, the hospital is where they met. Of course, as a recovery room nurse at Sarasota Memorial, Kay was the only one conscious! "Steve came in as a patient and I was his recovery nurse," she explains. Steve had recently moved his business, Aidlin Automation Corporation, to Sarasota from New York. "Yeah, she liked me because I wasn't awake," Steve adds with a wink.

While that may or may not be an exaggeration, the bottom line is, they not only formed an alliance as a couple – they both became avid supporters of All Children's Hospital by way of Sarasota Memorial, where All Children's specialty physicians collaborate to provide care in their Neonatal Intensive Care Unit. In reality, the recovery room of a hospital isn't just where she first met Steve, it was where Kay initially saw the need for the children she helped daily to have access to a separate specialized facility that focuses on treating kids. She knew when she stopped practicing, she wanted to get involved with All Children's.



Kay and Steve Aidlin

That led to the All Children's Hospital Guild, Sarasota/Manatee Branch where Kay has now spent five years as president. Among other projects, the Sarasota/Manatee Branch has helped fund a project close to Kay's heart: a new Neonatal Abstinence Syndrome (NAS) Clinic at Sarasota Memorial run by All Children's specialty physicians to address an increase in local infants born with NAS. And it was during her tenure as president that Kay met Dr. Michael Gallant who was then working with children with cleft palates. The couple even attended a Community Rounds event (which is now our Live the Mission program) with Dr. Gallant. And Steve, well, "Kay is the reason I'm involved too," he says smiling at

his wife. The process has been an evolution – from volunteering their time, to participating in events, to donating to the hospital as Dream Builders.

As part of the Community Rounds program, Steve toured the former All Children's Hospital building. He asked to visit the Emergency Room. "I felt that the Emergency Room is one of the critical areas where time is of the essence," Steve explains. "My background in production and operations management led me immediately to the opinion that the ER exhibited superior adherence to Excellence of Practice: Protocols were in writing at each station. Equipment was readily available and color-coded to suit the size of



Improving Outcomes for NICU Babies

Born at 24 weeks – four months before his due date – and immediately admitted to All Children's Hospital Neonatal Intensive Care Unit, little Xavier was at what the NICU team calls "the

edge of viability." That meant things were 50-50 for his survival. At less than two pounds, "he could have fit in your hand," recalls Lauren, Xavier's mom.

When her labor started alarmingly early, Lauren was flown from her home in Bonita Springs to Bayfront Baby Place inside All Children's Hospital so she could give birth just an elevator ride away from our Level III NICU – which offers the highest level of neonatal care and specializes in premature infants and those with critical medical conditions like Xavier's. Plus, All Children's offers the ability to enroll patients like Xavier into national studies that can help improve outcomes for the issues they are facing – or help future patients facing similar medical conditions.

Xavier's organs were very immature and didn't function at the normal level. Because he was fortunate

enough to land at All Children's for his three-month stay, his physicians got Xavier into a clinical research study for Respiratory Distress Syndrome.

Focusing on studies that improve outcomes

Improving outcomes is always the end goal at All Children's. Xavier was one of 24 infants from our NICU who participated in the respiratory distress syndrome study. While the results and their implications for treatment decisions are still being analyzed, Xavier has left his preemie days behind him. That success made him a star at our 2014 Telethon, and you'll be happy to hear that since his television debut and at nearly 23 months, he's walking – which is perfect timing considering his extreme prematurity. His parents are thrilled with his progress.

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the child needing treatment. Later, after the new hospital building was completed, I was advised that it came in on time and on budget. That is no small feat. As a businessman and an investor, I continue to be impressed with ACH's commitment to excellence in performance of care and its use of funds."

That creed of excellence prepared the Aidlins for their next step: including All Children's Hospital Foundation in their will.

"As we got more involved with the hospital and learned its long-range

plans," Steve says, "we also became vitally committed to supporting the far-reaching programs of the hospital through our financial legacy. We have seen to it that our children and grandchildren are cared for in their future lives, but we also want to support other children that will need ACH/JHM medical care in the future. Look, we don't need to see our name on a building," he adds emphatically.

"... But as we learned more," Kay finishes for him, "we were inspired to think about the legacy that we

want to leave behind." (Yes, they do complete each other's sentences.)

"The bottom line is, this hospital is doing things in medicine that save lives," Steve adds. "They make lives better. We want to help reach those goals."

"Children are the future," they finish in unison.

What began in the recovery room ... finishes big with a Dream Builders' legacy.

If you're a Telethon fan and interested in hearing more inspiring stories, be sure to tune in to the US 103.5FM Cares For Kids Radiothon Dec 4-5, 2014. www.allkids.org/radiothon

One of the most effective but simplest ways you can support All Children's Hospital is by including a gift in your will. Also known as a charitable bequest, a gift made through your will can benefit both you and the causes most important to you.

Why might you want to make a charitable bequest? Here are some of the benefits of bequest giving:

- A bequest is flexible – You can make a gift today by including a provision in your will and change your mind anytime in the future.
- With a bequest, you can give as much or as little as you want to charity through your will without impacting your lifestyle today.
- You may continue to benefit from and make use of your assets (your home, stocks, IRA, etc.) during your lifetime, since the gift is made when you pass away.
- It typically costs you nothing to add a charitable bequest to your first will or at a later date when you decide to update your plan.
- If you have a taxable estate (over \$5.34 Million this year), your estate may benefit from estate tax savings. This means that you can preserve and give more of your estate to your family.
- You can create a legacy by which to be remembered through bequest giving. Please let us know if you have already included us in your plans so that we can recognize and thank you!

THE LEGACY YOU LEAVE



Whether or not you include a charity in your plans, it is important for you to have a will written by qualified counsel. Here are some reasons why you might want to create a plan for the future:

WITH A WILL	WITHOUT A WILL
You can provide for your family, friends and the causes that mean the most to you.	Everyone must guess what you intended with your estate.
Probate is made easier because your intentions are clear.	Probate can be burdensome if not contentious for family and friends.
You write your legacy and story by which to be remembered.	Your legacy is written by others or not written at all.

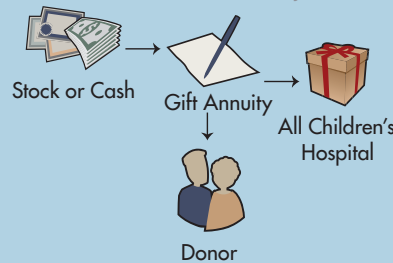
If you do not have a will or if your will needs updating, please call us for a free estate planning attorney referral. If you are interested in learning more about creating a plan, please visit our website. You will find a free guide to planning your will, bequest language and other tools designed specifically to help you and your attorney. Please call or email us if we can be of assistance to you in your planning.

GIFT ANNUITY THE GIFT THAT GIVES BACK TO YOU



Did you know there is a way to support our cause and receive cash back? It's called a charitable gift annuity.

CHARITABLE GIFT ANNUITY



When you make a gift to us of cash or an appreciated asset in exchange for a charitable gift annuity, we make a promise to pay you for the rest of your life. Your payment rate is fixed based on your age and never changes.

People like the reliable constant payments of a charitable gift annuity. Here are some of the benefits of a charitable gift annuity:

- Income Tax deduction to offset taxes
- Capital gains tax savings (for an appreciated asset gift)
- Fixed payments to you (and another person) for life
- Higher payments for a deferred payment gift annuity
- Possible tax-free payments

While a gift annuity offers many options, the benefits increase when you fund it with an appreciated asset like stock. By transferring stock to our organization you can receive immediate capital gains relief for your gift. Avoiding an immediate capital gains tax on the sale of your assets can provide a big benefit for you if you are facing higher capital gains tax rates this year.

If the idea of cash back and tax savings interests you, please visit our website to learn more about the charitable gift annuity. Please call or email us for a free no-obligation illustration with your potential gift annuity payment and tax benefits.

If we can help you find ways to lower your taxes and leave a legacy, please give me a call today.



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All Children's Hospital is a member of Johns Hopkins Medicine

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