

ALL CHILDREN'S OBSTETRICS AND GYNECOLOGY SPECIALISTS

Follow-Up Health Assessment Intake

Name _____ DOB _____ Date _____
Age _____ Marital Status _____ Occupation _____
Pharmacy _____ phone# _____ address _____

What is the reason for your appointment today?

Yearly exam

Other _____

What questions do you have for your health care provider today? _____

Allergies

Please list any allergies or reactions to medications: None

Medications	Reaction

Current Medications

(including hormones, vitamins, herbs, nonprescription medications)

Drug Name	Dosage	Date started	Drug Name	Dosage	Date started

MEDICAL/SURGICAL HISTORY

Since your last visit here, have you had any major health problems or surgery? no yes

If yes, explain: _____

FAMILY HISTORY

Please note any changes in the health of your family since your last visit: None _____

LIFE STYLE

Do you currently smoke cigarettes? no, never have exposure to second hand smoke

yes, date started _____ Amount/PPD _____

quit, date started _____ Amount/PPD _____ Date stopped _____

How many alcoholic drinks do you have in an average week? none # _____

What recreational drugs are you currently using, if any? none _____

SEXUAL HISTORY

Are you currently sexually active? no yes Are your partner(s) male female

Do you or your partner have more than one partner? no yes don't know
Do you want to be screened for any sexually transmitted infections or HIV/AIDS? no yes
 unsure
What methods, if any, do you use to protect against pregnancy? _____
Are you planning a pregnancy in the next year? no yes

Diet, Exercise & Habits

Caffeine Intake: None Coffee/tea/soda _____ cups/day
Weight : Are you satisfied with your weight? Yes No
Diet: How do you rate your diet? Good Fair Poor
Do you eat or drink four servings of dairy or take calcium supplements? Yes No
Exercise: Do you exercise regularly? Yes No
What kind of exercise? _____
How long (minutes) _____ How often? _____
If you do not exercise, why? _____
Safety:
Do you use seatbelts consistently? Yes No
Domestic violence including emotional, physical, and sexual abuse is a serious health threat to women, is anyone hurting you now in any way? _____

Review of Systems

Please check any current symptoms you have

Constitutional: Fevers/chills/excessive sweating Unexplained weight loss/gain/fatigue
Gastrointestinal: abdominal pain nausea/vomiting/diarrhea constipation blood in stools
Eyes/ears/nose/throat: vision changes hearing loss mouth breathing/snoring
 difficulty hearing/ringing in ears hayfever/allergies/congestion
Genitourinary: concern with sexual function vaginal discharge painful or bloody urination
 leaking urine
Cardiovascular: shortness of breath palpitations
Skin: rashes new or change in mole acne
Psychiatric: Anxiety/depression insomnia/nightmares bad temper/angry outbursts
Blood/Lymph: unexplained lumps easy bruising/bleeding
Respiratory: cough / wheeze
Neurological: headaches fainting memory loss
Musculoskeletal: muscle/joint pain or edema Recent back pain
Breast: lumps or masses nipple discharge painful breasts

Date of last: Mammogram _____ Colonoscopy _____ Cholesterol screen _____
Tetanus _____ Pap Smear _____ Dental Check _____

Primary Care Provider _____ Phone # _____
Address _____

If you would like a copy of today's visit sent to your PCP, please sign below.

Signature _____ Date _____