

Your Child's Medication Record

It's important to keep a complete list of your child's medications and how each is taken. This helps prevent bad interactions between medications and helps make sure your child continues to get all the medications he or she needs.

Use this form to list all prescription medications, supplements, vitamins and over-the-counter medications (medications like Tylenol that you can buy without a prescription). Take this card with you every time you go to the doctor or hospital.

When you leave the doctor's office or hospital, make sure you have an updated list of medications. Parents are always part of their child's healthcare team. This is especially true for medication safety.



	EXAMPLE				
Medication Name	Amoxicillin				
Form it comes in (liquid, tablet, inhaler, etc.)	liquid				
How much do you give?	2 tsp				
Strength of the medicine	400 mg/sml				
Frequency (How often)	twice a day				
Date this medication was started	2/12/2012				
Date this medication was stopped	2/28/2012				

Medication Name					
Form it comes in: (liquid, tablet, inhaler, etc.)					
How much do you give?					
Strength of the medicine:					
Frequency (How often)					
Date this medication was started					
Date this medication was stopped					

Medication Name					
Form it comes in: (liquid, tablet, inhaler, etc.)					
How much do you give?					
Strength of the medicine:					
Frequency (How often)					
Date this medication was started					
Date this medication was stopped					

Do you have a smartphone? Download our free app: All Children's Hospital Pocket Doc.
This lets you create and update the medication list right on your phone.

