

# Your Child's Medication Record

It's important to keep a complete list of your child's medications and how each is taken. This helps prevent bad interactions between medications and helps make sure your child continues to get all the medications he or she needs.

Use this form to list all prescription medications, supplements, vitamins and over-the-counter medications (medications like Tylenol that you can buy without a prescription). Take this card with you every time you go to the doctor or hospital.

When you leave the doctor's office or hospital, make sure you have an updated list of medications. Parents are always part of their child's healthcare team. This is especially true for medication safety.



	EXAMPLE				
<b>Medication Name</b>	Amoxicillin				
<b>Form it comes in</b> (liquid, tablet, inhaler, etc.)	liquid				
<b>How much do you give?</b>	2 tsp				
<b>Strength of the medicine</b>	400 mg/sml				
<b>Frequency (How often)</b>	twice a day				
<b>Date this medication was started</b>	2/12/2012				
<b>Date this medication was stopped</b>	2/28/2012				

<b>Medication Name</b>					
<b>Form it comes in:</b> (liquid, tablet, inhaler, etc.)					
<b>How much do you give?</b>					
<b>Strength of the medicine:</b>					
<b>Frequency (How often)</b>					
<b>Date this medication was started</b>					
<b>Date this medication was stopped</b>					

<b>Medication Name</b>					
<b>Form it comes in:</b> (liquid, tablet, inhaler, etc.)					
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<b>Frequency (How often)</b>					
<b>Date this medication was started</b>					
<b>Date this medication was stopped</b>					

**Do you have a smartphone? Download our free app: All Children's Hospital Pocket Doc.**  
This lets you create and update the medication list right on your phone.

