Applied Behavior Analysis (ABA) Services

Program Overview
The Applied Behavior Analysis (ABA) Services Program offers individualized assistance for children with challenging behavior, their families and other caretakers, and professionals from various disciplines at ACH. ABA Services include educational programs, assessment and direct intervention.

Who Can Benefit from These Services?
ABA Services are appropriate for children who engage in behavior that…
- Endangers the children, family members, or others
- Damages the child’s surroundings or personal property
- Disrupts important family, school, or community routines
- Interferes with the child’s development of new skills
- Restricts social contact and participation in integrated settings

Examples of these behaviors may include tantrums, running away, refusing to follow instructions or change activities, and hurting children or adults.

Who Provides ABA Services?
All ABA Services are overseen by a Board Certified Behavior Analyst (BCBA) and delivered by professionals with specialized training in ABA.

What Can I Expect with ABA?
When a child is referred to ABA Services, the behavior analyst will work with the family (and other professionals, as appropriate) to:
1. Identify specific behaviors of concern and goals for the child and family
2. Determine the circumstances affecting the child’s behavior and the purposes it is serving
3. Create a behavior support plan that includes strategies to:
   - prevent problems by changing aspects of the environment
   - teach skills (e.g., communication) to replace the challenging behavior
   - manage consequences to encourage positive (not problem) behavior
4. Provide training to assist the family and other caretakers in using the plan
5. Monitor and evaluate the outcomes of the interventions

ABA Services are designed to not only improve behavior, but also to enhance the overall quality of life for children and families.